

## Veteran as ARTIST



### Choose 1 of 3 locations: April-Mixed Media

**Mondays**  
5:30p - 7:30p  
**Eastern Virginia Medical School**  
Lester Hall Room 107  
Norfolk, VA

**Wednesdays**  
2:30p - 4:00p  
**Portsmouth Art & Cultural Center**  
420 High St  
Portsmouth, VA

**Thursdays**  
3:30p - 5:30p  
**Peninsula Fine Arts Center**  
101 Museum Drive  
Newport News, VA

## Art making for self-expression.

Promote wellness to cope with stress & life challenges.

No prior art experience required.

No fee services. Confidential environment.

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